

Effingham Elementary School

6 Partridge Cove Road

Effingham, NH 03882

Phone: (603) 539-6031

Patricia Morrissey, Principal

February 12, 2020

Dear Parent or Guardian:

As part of our ongoing efforts to best meet the needs of our students, we will begin implementing the CATCH My Breath Youth e-cigarette and JUUL prevention program in our 5th and 6th grade health classes. This researched-based program was developed by health education experts from The University of Texas School of Public Health in Austin and is designed to help your child make healthy choices and avoid risky behaviors when it comes to e-cigarettes. Training for the program was provided by Plymouth State University and the use of the program in the district was approved by the school board. Parent information can be found on our school website or by visiting www.catchmybreath.org.

We will be asking your child to complete a survey that asks about his or her knowledge and perceptions of e-cigarettes. The survey includes a pre-test (to find out how much knowledge students have before the lessons) and a post-test (to see what students have learned from the lessons). This survey is voluntary, and your child's name will not be recorded with his or her answers. We will repeat the survey at the end of the four lesson curriculum.

Please feel free to contact me at ebronson@sau49.org if you have any questions or concerns. Please complete the attached permission slip and return it to your child's classroom teacher by Friday, February 21. Instruction of this curriculum will begin the week of March 2.

Sincerely,



Patricia Morrissey
Principal
pmorrissey@sau49.org



Elizabeth Bronson
GWRSD Elementary Health
ebronson@sau49.org

Student Survey Permission Form

_____ I give permission for my child to participate in the CATCH My Breath Survey.

_____ I do not give permission for my child to participate in the CATCH My Breath survey.

Child's Name: _____

Parent or Guardian Name (please print): _____